

**PLEASE READ THIS NOTICE AND KEEP IT AND THE
ATTACHED CARD IN A SAFE PLACE **Important:**
IT COULD SAVE YOUR LIFE OR HELP YOU TO SAVE
SOMEONE ELSE'S**

**If someone collapsed from a suspected heart attack
would You know what to do?**

Stansfield Village is now part of the Volunteer Emergency Telephone System (VETS) which is run by The Community Heartbeat Trust and has a dedicated telephone number that you can call to get additional help and support whilst waiting for the Emergency Services.

IMPORTANT

FIRST:

- Make sure you are not in danger
- Speak to or tap the person to see if they respond
- Shout for help
- **Dial 999** to call for an ambulance giving your name, and location, and ask for the code for the Defibrillator which is sited out side Stansfield Village Hall – Postcode **CO10 8LW**

THEN:

- Call the VETS number – **01284 277209** – to be put through to one of our volunteers
- Give your name and location and the code for the defibrillator

If the casualty is NOT breathing normally:

- Lay them on their back and open their airway by lifting their chin and tilting the head backwards
- If not breathing normally, start CPR compressions. Continue with compressions until help arrives.

STANSFIELD VILLAGE COMMUNITY ENGAGEMENT

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**STANSFIELD
Parish Council**
Working with our local community